Unit #1 Title: My Personal Plan of Study

Grade Level: 9

Length of Lesson: 45-50 minutes

Missouri Comprehensive School Counseling Big Idea:

AD.6: Developing and Monitoring Personal Plan of Study.

Grade Level Expectation (GLE):

AD.6.A.09: Monitor and revise a Personal Plan of Study

American School Counselor Association (ASCA) Mindsets and Behaviors:

Academic Development

Materials (include activity sheets and/ or supporting resources)

Copies of students' transcripts

Whiteboard, SMART Board, other means to display formula for GPA including values of letter grades

High school course description book or enrollment guide for class point values.

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

1 010 1 00	process standards)					
	Goal 1: Gather, analyze and apply information and ideas					
X	1. Use technological tools and other resources to locate, select and organize					
	information					
	5. Evaluate the accuracy of information and the reliability of its sources					
	Goal 2: Communicate effectively within and beyond the classroom					
	Goal 3: Recognize and solve problems					
X	Goal 4: Make decisions and act as responsible members of society					
	4. Recognize and practice honesty and integrity in academic work and in the					
	workplace					
	5. Develop, monitor and revise plans of action to meet deadlines and accomplish					
	goals					

This lesson supports the development of skills in the following academic content areas. Academic Content Area(s) Specific Skill(s)

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	Communication Arts	
	Mathematics	1. Addition, subtraction, multiplication and
		division; other number sense, including
X		numeration and estimation; and the
		application of these operations and concepts
		in the workplace and other situations

Social Studies	
Science	
Health/Physical Education	
Fine Arts	

Enduring Life Skill(s)

X	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

Lesson Measurable Learning Objectives:

The student will compute his/her individual GPA.

The student will determine through transcript review what actions and/or revisions need to occur in order to reach post-secondary goal.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLE. Assessment can be question answer, performance activity, etc.

Students will review transcripts and compute individual Grade Point Averages.

Lesson Preparation

Essential Questions:

How will I keep track of my progress in school? What information will follow throughout my life?

Engagement (Hook):

What does your transcript say about you? How does your GPA impact graduation requirements?

Procedures

Troccuures				
Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:			
Distribute students' copies of transcripts and Personal Plan of Study begun in 8 th grade.				
1. Explain purpose of transcripts. Instruct students to locate their class ranking, GPA, credits earned on their transcripts.	1. Students will use the course description book or enrollment guide and transcript for computation of GPA. Students locate their class ranking, GPA, and credits earned.			
2. Discuss other information your high school includes on personal transcripts.	2. Students will discuss any other information on their transcripts.			
3. Explain that there are times students need	3. Students will practice calculating GPA's			

to calculate their GPA's on their own (e.g. to verify accuracy). Use the transcript to show students how to compute GPA's.	by using their own grades.				
4. Ask students to review their transcripts and Personal Plan of Study and what they need to do to continue progress toward post-secondary goals	4. Student reviews Personal Plan of Study and revise, where necessary.				
Teacher Follow-Up Activities					
Encourage teachers to have students compute GPA's after each grading period. Teachers could have students keep a grade log sheet in their class.					
Counselor reflection notes (completed after the lesson)					